

ROTARY FORWARD

The Weekly Newsletter of the
Rotary Club of Knoxville



January 12, 2021

Club Meeting Location: Zoom at 12pm

Upcoming Events

January 12, 2021

RCK Zoom Meeting
Program: Local Community Service
2021-22 Grant Finalists

January 19, 2021

2020-21 Board of Directors Meeting
11:00am: Zoom

January 19, 2021

RCK Zoom Meeting
Program: State of the Club Report

January 26, 2021

RCK Zoom Meeting
Program: TBA

Tuesday, January 12, 2021 Location: Zoom

RCK's weekly meeting will be held **virtually** on Tuesday, January 12, 2021. You may join us via Zoom from your PC, Mac, Linux, iOS, or Android using the link below:

<https://zoom.us/j/92215413313>

Meeting ID: 922 1541 3313

Presiding: President Paul Kedrow

Pledge & Invocation: Ray Mowery

Program Chair: Ginny Morrow & Ray Mowery

Program: Local Community Service 2021-22
Grant Finalists

4-Way Test: Ed Anderson

January is Vocational Service Month

2020-2021 Officers & Directors

ROTARY INTERNATIONAL

Holger Knaack, President

THE ROTARY CLUB OF KNOXVILLE

President: Paul Kedrow

President-Elect: Ginny Morrow

Vice President: Bill MacGrath

Secretary: Shannon Holland

Treasurer: Whit Addicks

Representative of Past Presidents: Ellen
Fowler

Directors: Jim Alexander, Jeff Allen,
Virginia Babb, Kim Isenberg, Frank
Robinson, and Emma Webb

Club Administrator



Upcoming Program:

**Tuesday, January 12,
2021**

**Local Community
Service 2021-22
Grant Finalists**

Each year, Rotary Club of Knoxville members have the opportunity to vote on our annual Local Community Service District Grant Project. Past projects have included the \$10,000 Beaumont Magnet Academy Library Project (2015-2016), the renovation of the Great Smoky Mountain National Park's Elkmont Theatre (2016-2017), the Second Harvest Food for Kids Program (2017-2018), the Interfaith Clinic Lab Services (2018-2019), the District Attorney's Bike Reward Program (2019-2020), and this year's Wesley House

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The Object of Rotary

The Object of Rotary is to encourage and foster the ideals of service as a basis of worthy enterprise and, in particular, to encourage and foster the following:

- FIRST. The development of acquaintance as an opportunity for service;
- SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

The Four Way Test

Of the things we think, say or do

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?

Rotary Office Holiday Schedule

September 7
Labor Day

November 11
Veteran's Day

November 26 & 27
Thanksgiving

December 25
Christmas

January 1
New Year's Day

January 18
Martin Luther King, Jr Day

Positive Behavior and Support and Literacy Project.

On Tuesday, January 12, 2021, members will hear from the 4 finalists for the 2021-2022 grant. Following the meeting, a survey will be emailed to the club, and Rotarians will have the opportunity to vote on the 2021-2022 Local Community Service Project. Finalists include [The Boys & Girls Clubs of the Tennessee Valley Rookie Readers Program](#), [The Vine School Health Center for Uninsured Children](#), [CASA of East Tennessee](#), and [Connect Ministries – East Knoxville Free Medical Clinic](#).

Rotary Record - January 5, 2021

President **Paul Kedrow** called the meeting to order.

Ray Mowery led us in the pledge, followed by the invocation.

Secretary **Shannon Holland** made the announcements. **Brent Midyett** made an announcement about the Fundraiser set for May 20th at Zoo Knoxville.

Annette Winston introduced **Patty Dougherty**, of Breezeway Yoga Studio.

The Four Way Test was led by **Ed Anderson**.



Program Recap December 15, 2020

Patty Dougherty,
Breezeway Yoga Studio

The Rotary Club of Knoxville held its January 5th, 2021 meeting via Zoom and our speaker was Patty Daugherty. Patty spoke about soft yoga, that we can all use to improve our physical and mental health. Patty explained that it allows many of us to improve breathing, posture and other vital health functions. Yoga comes from the Sanskrit word "to yoke" and the date of Yoga's beginning is dependent on who you listen to, because some say it began before time. The athletic yoga, which many in the western hemisphere practice, began in the 1800's and traces back to European acrobatics, which was combined with the Indian mental Yogi practice. In the mid to late 1950's, this type of Yoga came to the Western Hemisphere and Europe, and is seen to be full of stretching, bending and very intense. Soft yoga, however, can be done with a hard straight

February 15
President's Day

May 31
Memorial Day

July 4
Independence Day

Quick Links

[Rotary Club of Knoxville](#)

[Rotary District 6780](#)

[Rotary International](#)

[E-MAKEUPS - E-Club One](#)

Club Membership Forms:

[What is the Rotary Club of Knoxville?](#)

[Membership Proposal Form](#)

[How to Sponsor a New Member](#)

[Explanation of Member Dues &
Contributions](#)

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back chair and causes one to focus on their posture and breathing which brings healing to several parts of our bodies.

Patty then demonstrated easy techniques in the remainder of the program time. After she finished some simple techniques, she took questions from the club members online.

If you were not able to view this program, we would encourage you to contact the Rotary Office for the recording and watch it, your body will thank you for watching this program. Patty we appreciate your service to Rotary, and thank you for bringing this extremely useful and informative program to our club.

Meeting Scribe: Randy Corlew

WEEKLY ANNOUNCEMENTS

January Rotary Meetings on Zoom: All January meetings of the Rotary Club of Knoxville will be held virtually on Zoom.

Sign up for the Rotary Leadership Institute (RLI): Are you interested in learning more about Rotary at the district and international level? If so, District 6780 is hosting a class, the Rotary Leadership Institute, RLI-I, on **Saturday, January 16 & 23** from 9-12 EST (8-11 CST) **via an online class**. Each day will have three topics of discussion. It's a great opportunity for new members, or those who have been a member awhile to learn more about Rotary and leadership in a volunteer organization. It's also perfect for those members who are on the track to club leadership! The cost is \$20 per class. Register directly for RLI-I at <http://hoa-rli.org/rli/district-6780-rli-seminars> . Registration closes Wednesday, January 13th.

January District-Wide Facebook Live Meeting: This Thursday, January 14th, join District Governor Ron Appuhn and the Vocational Service Committee for this month's District-wide Facebook Live meeting on Vocational Service. To attend, log into Facebook, navigate to the District 6780 page, and join the meeting at 7pm.

Supporting the Community of Beaumont Elementary: The Local Community Service Committee is collecting funds for the children at Beaumont Elementary. After consulting with the school, it has come to light that January & February are the most difficult months for

Beaumont families, as they often receive lots of support during the holiday season, but come January some need to choose between paying rent or purchasing food. The committee is working to support these families, and to ensure the children have food to eat in this uncertain time. If you would like to contribute, you may do so through [Paypal](#) or by sending a check to the Rotary Office, with LCS Beaumont in the memo line. Contact Ray Mowery or Emma Webb for more information!

Not getting Rotary emails?: Do you feel like you're missing information? Some email servers, like Gmail, block emails from unknown senders, or automatically add them to spam. Take a moment to check your spam folder, and add mailservice@dacdb.net to your address book as a trusted sender! If you find any Rotary emails in spam, marking them "not spam" and move them to your inbox. Contact the Rotary Office if you have any questions.

Do you know someone who tells great stories?: The Program Committee is always looking for speakers! Contact Program Chair [Annette Winston](#) with suggestions.

Do you have an upcoming Rotary committee meeting or event? Please notify the Rotary Office (office@knoxvillerotary.org) to include it in our weekly announcements.

FUNDRAISER SAVE THE DATE



SAVE THE DATE!

1st Annual Rotary Foundation of Knoxville Spring Cirqtacular



Thursday May 20th, 2021
Zoo Knoxville

VOLUNTEER WITH MOBILE MEALS



You can still sign up to volunteer with Mobile Meals! You can volunteer once, or on a regular basis.

Mobile Meals delivers lunch to homebound seniors, who have been especially hard hit during these trying times. The Local Community Service Committee has arranged for a Wednesday delivery date, and the route should take about an hour. For your first time visiting/delivering you'll need to arrive about 9:45 for orientation. You can volunteer for one specific Wednesday, or several! Application linked [here](#), and info form [here](#). Contact [Ray Mowery](#) or [Bill Forbes](#) with questions!

WEEKLY POLIO UPDATE

Polio Headlines:

- The COVID-19 pandemic has triggered a deep global health and economic crisis. The Polio Oversight Board (POB) remains steadfast in its resolve to secure a polio-free world, while

reaffirming its commitment that polio-funded assets are at the service of countries to respond to this public health emergency, especially in the critical next phase of COVID-19 vaccine introduction and delivery. **Read more** on the last POB statement of 2020.



Afghanistan: 0 wild polio type 1 (WPV1) cases were reported this week. There have been 56 cases reported in 2020, while the total number of cases reported in 2019 remains 29.

Pakistan: 1 wild polio virus type 2 (WPV1) case was reported this week. Reported cases in 2020 total 84, while the total number of 2019 cases remains 147.

Wild poliovirus (WPV)

Total global cases in 2020: 140 (compared to 125 for the same period in 2019)

Total global cases in 2019: 176

Circulating vaccine-derived poliovirus (cVDPV) cases

Total global cVDPV cases in 2020: 918 (compared with 254 for the same period in 2019)

Total global cVDPV cases in 2019: 378

DATES TO REMEMBER

Tuesday, January 5 - First Club meeting of 2021

Thursday, January 14 - 7pm District 6780 Facebook Live Meeting

Saturday, January 16 - District Rotary Leadership Institute Virtual Seminar 9am-12pm

Tuesday, January 19 - 11am 2020-2021 Board of Directors Meeting on Zoom

Tuesday, January 19 - State of the Club Report

Saturday, January 23 - District Rotary Leadership Institute Virtual Seminar 9am-12pm

Thursday, May 20 - RFK Spring Circutacular at Zoo Knoxville

JANUARY BIRTHDAYS & ANNIVERSARIES



The Rotary Club of Knoxville wishes a very **Happy Birthday** to the following members celebrating a birthday this month:

- 1/3: Chemain Kellogg
- 1/6: Russ Johnston, Dave Freeman
- 1/11: Eden McNabb Bishop
- 1/14: Joe DeFiore
- 1/15: Anthony Wise
- 1/16 Bob Marquis
- 1/18: Jake Breazeale
- 1/19: Sandra Martin
- 1/20: Alice Torbett
- 1/21: Edgar Gee
- 1/22: Bart McFadden
- 1/24: Bill Powell
- 1/25: Lee Sherbakoff
- 1/28: Christian Cortis
- 1/29: Suzanne Carriere



Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Congratulations to the following members who are celebrating their Rotary anniversary this month:

- Bob Brezeale** – 53 years
- Scott Trimble** – 48 years
- Fred Trainer** – 44 years
- Larry Suchomski** – 41 years
- Joe L. Johnson** – 38 years
- Mike Rentenbach** – 38 years
- Brown Wright** – 38 years
- Bob Starkey** – 35 years
- Bill Powell** – 34 years
- Sam Weaver** – 34 years
- Bob Samples** – 32 years
- Alan Lee** – 27 years
- Wes Stowers** – 27 years
- Joe Sutter** – 27 years
- Sandra Martin** – 28 years
- Joe E. Johnson** – 27 years
- David Moser** – 26 years
- Annette Winston** – 20 years
- Russ Johnston** – 19 years
- Ken Knight** – 19 years

Bill MacGrath – 19 years
Richard Stooksbury – 19 years
Russ Jensen – 18 years
Rob Johnson – 18 years
Doug Lawyer – 18 years
Doug McKamey – 18 years
Allen Pannell – 18 years
Jim Decker – 18 years
Bob Marquis – 17 years
Dennis McClane – 17 years
Mike Parton – 17 years
Paul Kedrow – 16 years
Lou Roepke – 16 years
Kathryn Johnson – 14 years
Scott Suchomski – 14 years
Cal MacLean – 13 years
Odgie Oliveira – 13 years
Tim Romero – 13 years
Amadou Sall – 12 years
Tiffany Hopson Walker – 12 years
Jim Alexander – 12 years
Ginny Weatherstone – 12 years
Brian Salesky – 11 years
Mary Ann Mulhern – 9 years
Pat Rutenberg – 9 years
Harry Gross – 7 years
Phil Mitchell – 7 years
Kim Denton – 6 years
Alice Torbett – 5 years
Chad Turner – 4 years
Kathryn Greer – 3 years
Ron Fuchs – 1 year

AREA ROTARY CLUBS

Monday: Lenoir City-12Noon, Loudon County Visitors Bureau;Oak Ridge Sunset-5:30pm, Emory Valley Center

Tuesday: Clinton-12Noon, Clinton Community Center;Loudon-12Noon, Blairland Baptist Church; Morristown A.M.-7:30am, Morristown Country Club

Wednesday: Farragut-12:15, Fox Den Country Club;Knoxville Breakfast-7:00am, Gus's World Famous Chicken; Maryville-12Noon, Blount County Public Library; Morristown-12Noon, Morristown Country Club; Oak Ridge Breakfast-7:15am, The Unitarian Universalist Church of Oak Ridge

Thursday: North Knoxville-12Noon, Litton's Restaurant; Oak Ridge-11:45am, Doubletree Hotel;

Friday: Knoxville Volunteer-12Noon, Blount Mansion; Bearden-12:15pm, Bearden Banquet Hall

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