

ROTARY FORWARD

The Weekly Newsletter of the
Rotary Club of Knoxville



January 26, 2021

Club Meeting Location: Zoom at 12pm

Upcoming Events

January 26, 2021

Peace Committee Meeting
11am, [Zoom](#)

January 26, 2021

RCK Zoom Meeting
Program: Performance Training, Inc
Fitness for 2021

February 2, 2021

RCK Meeting
Program: TBA

February 9, 2021

RCK Meeting
Program: TBA

Tuesday, January 26, 2021 Location: Zoom

RCK's weekly meeting will be held **virtually** on Tuesday, January 26, 2021. You may join us via Zoom from your PC, Mac, Linux, iOS, or Android using the link below:

<https://zoom.us/j/92215413313>

Meeting ID: 922 1541 3313

Presiding: Vice President Bill MacGrath

Pledge & Invocation: Ray Mowery

Program Chair: Annette Winston

Program: Keven Burdorf, Performance Training Inc.

4-Way Test: Ed Anderson

January is Vocational Service Month

2020-2021 Officers & Directors

ROTARY INTERNATIONAL

Holger Knaack, President

THE ROTARY CLUB OF KNOXVILLE

President: Paul Kedrow

President-Elect: Ginny Morrow

Vice President: Bill MacGrath

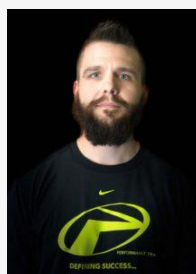
Secretary: Shannon Holland

Treasurer: Whit Addicks

Representative of Past Presidents: Ellen
Fowler

Directors: Jim Alexander, Jeff Allen,
Virginia Babb, Kim Isenberg, Frank
Robinson, and Emma Webb

Club Administrator



Upcoming Program:

**Tuesday, January 26,
2021**

**Keven Burdorf,
Performance Training Inc**

Keven is a farm boy from the Minnesota who grew up understanding the value of hard work. Weight gain was a problem, and in high school he developed a passion for exercise after joining the school's Acrosport/Gymnastics team. This lifestyle change helped him lose over 60lbs and started him on a life long journey in the pursuit of better health. Keven was accepted to Andrews University in 2007 where he continued his passion for Acrosport/Gymnastics by joining the Andrews University Gymnastics; serving as captain of the team for several years. He also continued his development in health and fitness within his

Cate Bolden
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Fax: 865-521-0664
Email: office@knoxvillerotary.org

The Object of Rotary

The Object of Rotary is to encourage and foster the ideals of service as a basis of worthy enterprise and, in particular, to encourage and foster the following:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

The Four Way Test

Of the things we think, say or do

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?

Rotary Office Holiday Schedule

September 7
Labor Day

November 11
Veteran's Day

November 26 & 27
Thanksgiving

December 25
Christmas

January 1
New Year's Day

January 18
Martin Luther King, Jr Day

studies, graduating with a B.S. in Exercise and Fitness along with gaining his Certified Personal Trainer certificate through American Council on Exercise. After moving to Knoxville in 2012 he began working with PTI in their corporate fitness and wellness programs. He quickly worked his way to Lead Coordinator, in charge of managing corporate locations in Knoxville. It did not take long to realize that there was something missing. Exercise is only one part of living a healthy lifestyle and Keven knew that being healthy was going to take more. Keven studied and became a Pn1 Nutrition Coach through Precision Nutrition in the summer of 2017. Now he is armed with the knowledge and ability to individualize exercise and nutritional planning for client success.

Rotary Record - January 19, 2021

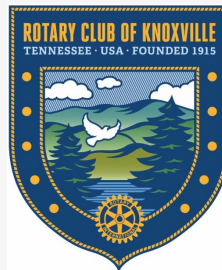
President **Paul Kedrow** called the meeting to order.

Ray Mowery led us in the pledge, followed by the invocation.

Secretary **Shannon Holland** made the announcements.

President **Paul Kedrow** gave the 2020-2021 State of the Club Report.

The Four Way Test was led by **Ed Anderson**.



Program Recap January 19, 2021

2020-2021 State of the Club Report

This week's program featured RCK President **Paul Kedrow** giving the "State of the Club" address. This was a year of overcoming and Paul talked about being so grateful for the work of our membership and the work of the Board. RCK is the only club in the district that has held in-person meetings since during the pandemic.

RCK added 7 new members and we now have 150 members, but we are continuing to try to grow our membership. When the restrictions of Covid start ending, it will be a great time to try to recruit new members. Attendance Committee Chair **Bill Powell** has been reaching out to members that have not been participating in meetings, try to keep them engaged.

Club Updates:

· Fundraising – Save the Date for the upcoming 1st Annual Spring Cirqtacular that will be held at Zoo Knoxville. Thanks to **Brent Midyett** and his committee that have been working on this.

February 15
President's Day

May 31
Memorial Day

July 4
Independence Day

Quick Links

[Rotary Club of Knoxville](#)

[Rotary District 6780](#)

[Rotary International](#)

[E-MAKEUPS - E-Club One](#)

Club Membership Forms:

[What is the Rotary Club of Knoxville?](#)

[Membership Proposal Form](#)

[How to Sponsor a New Member](#)

[Explanation of Member Dues &
Contributions](#)

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· Mainstream Committee – our new members have been working on their service project idea.

· Social Committee- the Unicum Society met by Zoom on New Year's Eve to continue the tradition

· RCK Trade Show planned for June 15th.

· Scholarship Committee will be sending our applications very soon.

· Literacy Committee continues to stock the Free Library at Western Heights. The committee also provided bilingual books at Christmas for the students who participate in Centro Hispano's programs.

· RCK had 8 Rotarians along with members of the Webb and Catholic Interact Clubs participate in ringing the bells at Christmas for the Salvation Army.

· RCK has 92 Paul Harris Fellows, 12 Paul Harris Society members, 26 Paul Harris Major Donors and 8 members in the Bequest Society

· \$5,000 raised for the Mateszalka Christmas Fund, this project was once again spearheaded by

Townes Osborn

· The Programs Committee headed by **Annette Winston** has had a daunting task of getting speakers willing to come in person or participate by Zoom this year.

· Beaumont Food Boxes - \$2,000 has been raised by RCK members to help Beaumont Elementary School students and their families with food and with electricity bills.

· Free Flu Shot Saturday – RCK supplied volunteers at Halls & West High Schools.

· Community Rotaract has been meeting monthly. They helped with the Flu Shot Saturday and held a successful Golf Tournament.

· End Polio Now – thanks to the efforts of **Dave Baumgartner**, \$1.2 million was raised through the Dunkin' Purple Pinkie Day

· The International Peace has been doing well with its Netball Project

· Webb Interact remains active and has participated in many volunteer opportunities even during this challenging year.

· The Local Community Service Committee has been busy this year. The winner of the \$10,000 grant this year was the Boys & Girls Club. The committee activated volunteering for Mobile Meals, made a \$5,000 grant to Girl Talk and worked on projects with Wesley House (last year's grant recipient).

Meeting Scribe: **Virginia Babb**

WEEKLY ANNOUNCEMENTS

Update on Don Hasson: Don Hasson is in the hospital battling COVID-19. RCK sends him best wishes for a full and speedy recovery!

Peace Committee Meeting: The RCK Peace Committee will meet via Zoom on Tuesday, January 26th at 11:00am. The meeting link is <https://zoom.us/j/91686786582?pwd=SGxEaDIkVkvZcDFrWWo2dGhXUDg1dz09>

2021-2022 Committee Preference Forms: Planning has begun for the 2021-2022 Rotary

Year. President-Elect Ginny Morrow requests that you fill out the [Committee Preference Form](#) and return it to the Rotary Office by Wednesday, February 3rd. A description of each committee may be found on our website - <http://knoxvillerotary.org/committees.php>. Please contact Cate at the Rotary Office with any questions.

Beaumont Virtual Book Club is BACK!: The Beaumont Magnet Academy Virtual Book Club will meet on the following dates from 3:30-4:00; 2/3, 2/10, 2/17, 2/24, 3/3, and 3/10. You can sign up by contacting [Mark Webb](#) or on Sign Up.com using the following steps:

- 1) Click this link to see our SignUp on SignUp.com: <https://signup.com/go/DmWywim>
- 2) Review the options listed and choose the spot(s) you like.
- 3) Sign up! It's easy - you will NOT need to register an account or keep a password on SignUp.com.

Thanks to Ray Mowery, Ron Fuchs, Ellen Fowler, Emma Webb, and Mark Webb for reading in the Fall!

Supporting the Community of Beaumont Elementary: The Local Community Service Committee is collecting funds for the children at Beaumont Elementary. After consulting with the school, it has come to light that January & February are the most difficult months for Beaumont families, as they often receive lots of support during the holiday season, but come January some need to choose between paying rent or purchasing food. The committee is working to support these families, and to ensure the children have food to eat in this uncertain time. If you would like to contribute, you may do so through [Paypal](#) or by sending a check to the Rotary Office, with LCS Beaumont in the memo line. Contact Ray Mowery or Emma Webb for more information!

Not getting Rotary emails?: Do you feel like you're missing information? Some email servers, like Gmail, block emails from unknown senders, or automatically add them to spam. Take a moment to check your spam folder, and add mailservice@dacdb.net to your address book as a trusted sender! If you find any Rotary emails in spam, mark them "not spam" and move them to your inbox. Contact the Rotary Office if you have any questions.

Do you know someone who tells great stories?: The Program Committee is always looking for speakers! Contact Program Chair [Annette Winston](#) with suggestions.

Do you have an upcoming Rotary committee meeting or event? Please notify the Rotary Office (office@knoxvillerotary.org) to include it in our weekly announcements.

SAVE THE DATE!



SAVE THE DATE!

1st Annual Rotary Foundation of Knoxville

Spring Cirqtacular



Thursday May 20th, 2021

Zoo Knoxville

VOLUNTEER WITH MOBILE MEALS



You can still sign up to volunteer with Mobile Meals! You can volunteer once, or on a regular basis.

Mobile Meals delivers lunch to homebound seniors, who have been especially hard hit during these trying times. The Local Community Service Committee has arranged for a Wednesday delivery date, and the route should take about an hour. For your first time visiting/delivering you'll need to arrive about 9:45 for orientation. You can volunteer for one specific Wednesday, or several! Application linked [here](#), and info form [here](#). Contact [Ray Mowery](#) or [Bill Forbes](#) with questions!

EAST TENNESSEE STUDENT ART EXHIBITION

RCK sponsored the East Tennessee Student Art Exhibition at the Knoxville Museum of Art. This year there were 531 entries, and 311 were selected by jurors for the exhibition. As art teachers dropped off entries, many commented that the students look forward to the juried competition in a "normal year" and that this year's ETRSAE was even more special to them because it provided students a sense of normalcy when they needed it most.

The "Best in Show" Winner is Lily Asbury, an 11th grader from Cocke County High School. She is pictured with her submission "The Days We'll Look Back On and Smile". KMA has provided a thank you video, which may be viewed [here!](#)

The Exhibit Program may be found at this [link](#). All entries may be viewed [here!](#)



WEEKLY POLIO UPDATE



Polio Headlines:

- The 148th session of the Executive Board (EB) is currently underway with Member States meeting virtually to discuss the most pressing global health issues including COVID-19 and Polio. The EB reports on both polio eradication and on polio transition planning/post-certification are available [here](#) under "148 Executive Board". These reports will help inform the discussions on polio eradication by Member States

Afghanistan: 0 wild polio type 1 (WPV1) cases were reported this week. There were 56 cases reported in 2020, while the total number of cases reported in 2019 remains 29.

Pakistan: 0 wild polio virus type 2 (WPV1) cases were reported this week. Reported cases in 2020 total 84, while the total number of 2019 cases remains 147.

Wild poliovirus (WPV)

Total global cases in 2020: 140 (compared to 156 for the same period in 2019)

Total global cases in 2019: 176

Circulating vaccine-derived poliovirus (cVDPV) cases

Total global cVDPV cases in 2020: 932 (compared with 261 for the same period in 2019)

Total global cVDPV cases in 2019: 378

DATES TO REMEMBER

Saturday, January 23 - District Rotary Leadership Institute Virtual Seminar 9am-12pm

Tuesday, February 23 - Rotary's Birthday, World Understanding & Peace Day

Thursday, May 20 - RFK Spring Circutacular at Zoo Knoxville

JANUARY BIRTHDAYS & ANNIVERSARIES



The Rotary Club of Knoxville wishes a very Happy Birthday to the following members celebrating a birthday this month:

1/3: Chemain Kellogg
1/6: Russ Johnston, Dave Freeman
1/11: Eden McNabb Bishop
1/14: Joe DeFiore
1/15: Anthony Wise
1/16: Bob Marquis
1/18: Jake Breazeale
1/19: Sandra Martin
1/20: Alice Torbett
1/21: Edgar Gee
1/22: Bart McFadden
1/24: Bill Powell
1/25: Lee Sherbakoff
1/28: Christian Cortis
1/29: Suzanne Carriere



Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Congratulations to the following members who are celebrating their Rotary anniversary this month:

Bob Brezeale – 53 years
Scott Trimble – 48 years
Fred Trainer – 44 years
Larry Suchomski – 41 years
Joe L. Johnson – 38 years
Mike Rentenbach – 38 years
Brown Wright – 38 years
Bob Starkey – 35 years
Bill Powell – 34 years
Sam Weaver – 34 years
Bob Samples – 32 years
Alan Lee – 27 years
Wes Stowers – 27 years
Joe Sutter – 27 years
Sandra Martin – 28 years
Joe E. Johnson – 27 years
David Moser – 26 years
Annette Winston – 20 years
Russ Johnston – 19 years
Ken Knight – 19 years
Bill MacGrath – 19 years
Richard Stooksbury – 19 years
Russ Jensen – 18 years
Rob Johnson – 18 years
Doug Lawyer – 18 years
Doug McKamey – 18 years
Allen Pannell – 18 years
Jim Decker – 18 years
Bob Marquis – 17 years
Dennis McClane – 17 years
Mike Parton – 17 years
Paul Kedrow – 16 years
Lou Roepke – 16 years
Kathryn Johnson – 14 years
Scott Suchomski – 14 years
Cal MacLean – 13 years
Oddie Oliveira – 13 years
Tim Romero – 13 years
Amadou Sall – 12 years
Tiffany Hopson Walker – 12 years
Jim Alexander – 12 years
Ginny Weatherstone – 12 years
Brian Salesky – 11 years
Mary Ann Mulhern – 9 years
Pat Rutenberg – 9 years
Harry Gross – 7 years
Phil Mitchell – 7 years
Kim Denton – 6 years
Alice Torbett – 5 years
Chad Turner – 4 years
Kathryn Greer – 3 years
Ron Fuchs – 1 year

AREA ROTARY CLUBS

Monday: Lenoir City-12Noon, Loudon County Visitors Bureau;Oak Ridge Sunset-5:30pm, Emory Valley Center

Tuesday: Clinton-12Noon, Clinton Community Center;Loudon-12Noon, Blairland Baptist Church; Morristown A.M.-7:30am, Morristown Country Club

Wednesday: Farragut-12:15, Fox Den Country Club;Knoxville Breakfast-7:00am, Gus's World Famous Chicken; Maryville-12Noon, Blount County Public Library; Morristown-12Noon, Morristown Country Club; Oak Ridge Breakfast-7:15am, The Unitarian Universalist Church of Oak Ridge

Thursday: North Knoxville-12Noon, Litton's Restaurant; Oak Ridge-11:45am, Doubletree Hotel;

Friday: Knoxville Volunteer-12Noon, Blount Mansion; Bearden-12:15pm, Bearden Banquet Hall

ROTARY CLUB OF KNOXVILLE | www.knoxvillerotary.org
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