

# ROTARY FORWARD

The Weekly Newsletter of the  
Rotary Club of Knoxville



January 5, 2021

Club Meeting Location: Zoom at 12pm

## Upcoming Events

**January 5, 2021**

RCK Zoom Meeting  
Program: Patricia Dougherty,  
Breezeway Yoga, Balanced Yoga  
Studios

**January 12, 2021**

RCK Zoom Meeting  
Program: Local Community Service  
2021-22 Grant Finalists

**January 19, 2021**

RCK Zoom Meeting  
Program: State of the Club Report

## Tuesday, January 5, 2021 Location: Zoom

RCK's weekly meeting will be held **virtually** on Tuesday, January 5, 2021. You may join us via Zoom from your PC, Mac, Linux, iOS, or Android using the link below:

<https://zoom.us/j/92215413313>

Meeting ID: 922 1541 3313

**Presiding:** President Paul Kedrow

**Pledge & Invocation:** Ray Mowery

**Program Chair:** Annette Winston

**Program:** Patricia Dougherty, Breezeway Yoga,  
Balanced Yoga Studios

**4-Way Test:** TBA

*January is Vocational Service Month*

## 2020-2021 Officers & Directors

### ROTARY INTERNATIONAL

Holger Knaack, President

### THE ROTARY CLUB OF KNOXVILLE

President: Paul Kedrow

President-Elect: Ginny Morrow

Vice President: Bill MacGrath

Secretary: Shannon Holland

Treasurer: Whit Addicks

Representative of Past Presidents: Ellen  
Fowler

Directors: Jim Alexander, Jeff Allen,  
Virginia Babb, Kim Isenberg, Frank  
Robinson, and Emma Webb

Club Administrator

Cate Bolden

Office Phone: 865-523-8252



## Upcoming Program:

**Tuesday, January  
5, 2021**

**Patricia Dougherty  
Breezeway Yoga  
Studio**

Patricia (patty) is the impetus behind the amazing group of teachers at Breezeway Yoga Studio. She also co-owns Balanced You Studios with Rebekah Knause which is also located in the Bearden area.

She returned to Knoxville in 2010 after 10 years in Los Angeles where she studied yoga, yogic philosophy, and meditation.

While in California, she was first certified in

### The Object of Rotary

The Object of Rotary is to encourage and foster the ideals of service as a basis of worthy enterprise and, in particular, to encourage and foster the following:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### The Four Way Test

Of the things we think, say or do

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?

### Rotary Office Holiday Schedule

- September 7  
Labor Day
- November 11  
Veteran's Day
- November 26 & 27  
Thanksgiving
- December 25  
Christmas
- January 1  
New Year's Day
- January 18  
Martin Luther King, Jr Day
- February 15  
President's Day

Hatha Yoga under Simone Market with Cloud Nine Yoga, then earned another certification specializing in Restorative Yoga with Jillian Pransky. After moving home she continued training becoming certified at the Therapeutic level by Kristine Koeverii Webber of Subtle Yoga out of Asheville, North Carolina.

In addition to her classes, corporate work, and private sessions, patty currently hosts a show on East Tennessee PBS called 'Yoga Basics with patty' which airs Tuesday & Thursday mornings at 6AM. You can also find her on YouTube and on PBS Passport. Her goal is to help you open your body to find space for a free flow of energy – promoting radiant good health and radical self acceptance.

Visit her personal site at [pattyvoga.com](http://pattyvoga.com) or sister studio: [balancedyoustudios.com](http://balancedyoustudios.com)

### Rotary Record - December 15, 2020

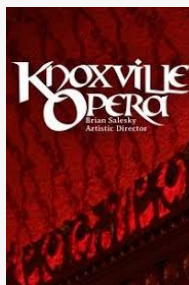
President **Paul Kedrow** called the meeting to order.

**Ray Mowery** led us in the pledge, followed by the invocation.

Secretary **Shannon Holland** made the announcements. **Ray Mowery** made an announcement about the Beaumont project.

**Paul Kedrow** introduced Rotarian **Brian Salesky**, Artistic Director of Knoxville Opera, who hosted a Holiday Concert.

The Four Way Test was led by **Wes Price**.



### Program Recap December 15, 2020

### Brian Salesky and Knoxville Opera Present a Holiday Concert

Today we were blessed with the delightful sounds of Knoxville Opera members with a Holiday Concert featuring Brian Salesky, host and pianist, Jacqueline Brecheen, soprano, Aubrey Odle, mezzosoprano, and Wayd Odle, tenor.

They sang many well-known songs and set the mood for the holiday season with:  
O Come All Ye Faithful - What Child is This - Chestnuts Roasting on an Open Fire - Joy to the World - O Holy Night - Silent Night - The Virgin Mary Had a Baby Boy - De Tierra

May 31  
Memorial Day

July 4  
Independence Day

### Quick Links

[Rotary Club of Knoxville](#)

[Rotary District 6780](#)

[Rotary International](#)

[E-MAKEUPS - E-Club One](#)

Club Membership Forms:

[What is the Rotary Club of Knoxville?](#)

[Membership Proposal Form](#)

[How to Sponsor a New Member](#)

[Explanation of Member Dues &  
Contributions](#)

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Lejana - Chanukah Folksong Medley - The  
First Noel - Hark! The Herald Angels Sing -  
Deck the Halls - The 12 Days of Christmas -  
We Wish You a Merry Christmas

These familiar songs remind us of the hope  
we share during this season. May this help  
carry us into 2021 with continued hope, faith,  
and perseverance.

Meeting Scribe: Alan Hill

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**January Rotary Meetings on Zoom:** All January meetings of the Rotary Club of Knoxville will be held virtually on Zoom.

**Supporting the Community of Beaumont Elementary:** The Local Community Service Committee is collecting funds for the children at Beaumont Elementary. After consulting with the school, it has come to light that January & February are the most difficult months for Beaumont families, as they often receive lots of support during the holiday season, but come January some need to choose between paying rent or purchasing food. The committee is working to support these families, and to ensure the children have food to eat in this uncertain time. If you would like to contribute, you may do so through [Paypal](#) or by sending a check to the Rotary Office, with LCS Beaumont in the memo line. Contact Ray Mowery or Emma Webb for more information!

**Not getting Rotary emails?:** Do you feel like you're missing information? Some email servers, like Gmail, block emails from unknown senders, or automatically add them to spam. Take a moment to check your spam folder, and add [mailservice@dacdb.net](mailto:mailservice@dacdb.net) to your address book as a trusted sender! If you find any Rotary emails in spam, marking them "not spam" and move them to your inbox. Contact the Rotary Office if you have any questions.

**Do you know someone who tells great stories?:** The Program Committee is always looking for speakers! Contact Program Chair [Annette Winston](#) with suggestions.

**Do you have an upcoming Rotary committee meeting or event? Please notify the Rotary Office ([office@knoxvillerotary.org](mailto:office@knoxvillerotary.org)) to include it in our weekly announcements.**

## VOLUNTEER WITH MOBILE MEALS



You can still sign up to volunteer with Mobile Meals! You can volunteer once, or on a regular basis.

Mobile Meals delivers lunch to homebound seniors, who have been especially hard hit during these trying times. The Local Community Service Committee has arranged for a Wednesday delivery date, and the route should take about an hour. For your first time visiting/delivering you'll need to arrive about 9:45 for orientation. You can volunteer for one specific Wednesday, or several! Application linked [here](#), and info form [here](#). Contact [Ray Mowery](#) or [Bill Forbes](#) with questions!

## WEEKLY POLIO UPDATE

### Polio Headlines:

- The [19th report of the Independent Monitoring Board \(IMB\)](#) has been published. The IMB notes the strong resumption of polio campaigns following the temporary pause due to COVID-19 and commends the programme for supporting COVID-19 response efforts. The IMB points to several pivotal challenges which the programme must tackle with urgency to achieve success and offers a set of 17 key recommendations to capitalise on the momentum of resumed immunizations.
- The GPEI has published a global cVDPV resource document aimed at providing a high-level overview of cVDPVs, their importance to the programme and strategy for responding to them, including nOPV2. [Available here in various languages](#), this resource can be used at global, regional and country levels, for high-level advocacy with government counterparts, internal staff, donors or other partners, as appropriate.
- On a wintry November day, vaccinators across Afghanistan wrapped up warm, checked that they had facemasks and hand sanitizer, and headed out into the cold morning. Their mission? To reach 9.9 million children with polio vaccines, before snowfall blocked their way. [Read more...](#)



**Afghanistan: 0 wild polio type 1 (WPV1) cases were reported this week.** There have been 56 cases reported in 2020, while the total number of cases reported in 2019 remains 29.

**Pakistan: 1 wild polio virus type 2 (WPV1) case was reported this week.** Reported cases in 2020 total 83, while the total number of 2019 cases remains 147.

### Wild poliovirus (WPV)

Total global cases in 2020: 139 (compared to 113 for the same period in 2019)

Total global cases in 2019: 176

### Circulating vaccine-derived poliovirus (cVDPV) cases

Total global cVDPV cases in 2020: 776 (compared with 243 for the same period in 2019)

Total global cVDPV cases in 2019: 378

## DATES TO REMEMBER

**Tuesday, January 5** - First Club meeting of 2021

**Monday, January 18** - 11am 2020-2021 Board of Directors Meeting on Zoom

**Tuesday, January 19** - State of the Club Report

## JANUARY BIRTHDAYS & ANNIVERSARIES



The Rotary Club of Knoxville wishes a very **Happy Birthday** to the following members celebrating a birthday this month:

1/3: Chemain Kellogg  
1/6: Russ Johnston, Dave Freeman  
1/11: Eden McNabb Bishop  
1/14: Joe DeFiore  
1/15: Anthony Wise  
1/16: Bob Marquis  
1/18: Jake Breazeale  
1/19: Sandra Martin  
1/20: Alice Torbett  
1/21: Edgar Gee  
1/22: Bart McFadden  
1/24: Bill Powell  
1/25: Lee Sherbakoff  
1/28: Christian Cortis  
1/29: Suzanne Carriere



Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

**Congratulations to the following members who are celebrating their Rotary anniversary this month:**

**Bob Brezeale** – 53 years  
**Scott Trimble** – 48 years  
**Fred Trainer** – 44 years  
**Larry Suchomski** – 41 years  
**Joe L. Johnson** – 38 years  
**Mike Rentenbach** – 38 years  
**Brown Wright** – 38 years  
**Bob Starkey** – 35 years  
**Bill Powell** – 34 years  
**Sam Weaver** – 34 years  
**Bob Samples** – 32 years  
**Alan Lee** – 27 years  
**Wes Stowers** – 27 years  
**Joe Sutter** – 27 years  
**Sandra Martin** – 28 years  
**Joe E. Johnson** – 27 years  
**David Moser** – 26 years  
**Annette Winston** – 20 years  
**Russ Johnston** – 19 years  
**Ken Knight** – 19 years  
**Bill MacGrath** – 19 years  
**Richard Stooksbury** – 19 years  
**Russ Jensen** – 18 years  
**Rob Johnson** – 18 years  
**Doug Lawyer** – 18 years  
**Doug McKamey** – 18 years  
**Allen Pannell** – 18 years  
**Jim Decker** – 18 years  
**Bob Marquis** – 17 years  
**Dennis McClane** – 17 years  
**Mike Parton** – 17 years  
**Paul Kedrow** – 16 years  
**Lou Roepke** – 16 years  
**Kathryn Johnson** – 14 years  
**Scott Suchomski** – 14 years  
**Cal MacLean** – 13 years  
**Oddie Oliveira** – 13 years  
**Tim Romero** – 13 years

**Amadou Sall** – 12 years  
**Tiffany Hopson Walker** – 12 years  
**Jim Alexander** – 12 years  
**Ginny Weatherstone** – 12 years  
**Brian Salesky** – 11 years  
**Mary Ann Mulhern** – 9 years  
**Pat Rutenberg** – 9 years  
**Harry Gross** – 7 years  
**Phil Mitchell** – 7 years  
**Kim Denton** – 6 years  
**Alice Torbett** – 5 years  
**Chad Turner** – 4 years  
**Kathryn Greer** – 3 years  
**Ron Fuchs** – 1 year

## AREA ROTARY CLUBS

**Monday:** Lenoir City-12Noon, Loudon County Visitors Bureau;Oak Ridge Sunset-5:30pm, Emory Valley Center

**Tuesday:** Clinton-12Noon, Clinton Community Center;Loudon-12Noon, Blairland Baptist Church; Morristown A.M.-7:30am, Morristown Country Club

**Wednesday:** Farragut-12:15, Fox Den Country Club;Knoxville Breakfast-7:00am, Gus's World Famous Chicken; Maryville-12Noon, Blount County Public Library; Morristown-12Noon, Morristown Country Club; Oak Ridge Breakfast-7:15am, The Unitarian Universalist Church of Oak Ridge

**Thursday:** North Knoxville-12Noon, Litton's Restaurant; Oak Ridge-11:45am, Doubletree Hotel;

**Friday:** Knoxville Volunteer-12Noon, Blount Mansion; Bearden-12:15pm, Bearden Banquet Hall

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**ROTARY CLUB OF KNOXVILLE** | [www.knoxvillerotary.org](http://www.knoxvillerotary.org)  
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